

Erasmus + training  
course

# NATURAL PROGRESSION



23-29 June 2025 | Bakuriani. Georgia

- 🌲 Outdoor Expedition - A real adventure in nature to practice leadership, group management, and resilience.
- 🗺️ Hard Skill Workshops - Learn navigation, first aid, risk assessment, and outdoor safety hands-on.
- 🗣️ Communication & Leadership Training - Boost your soft skills through dynamic, experiential sessions.
- 🔧 Design Your Own Educational Session - Create and test outdoor learning workshops with real feedback.
- 🔥 Reflection Circles & Campfire - Deepen personal and group insights in wild nature.
- 🧠 From Nature to Youth Work - Transform outdoor experiences into tools for your work with young people.

Natural Progression is an immersive educational program taking place from 23-29 June 2025 (with 22 and 30 June as travel days) in Bakuriani, Georgia. The project brings together youth workers, educators, and trainers from across Europe to explore Outdoor Adventure Education as a powerful and holistic tool in youth work. Guided by two experienced trainers and a project coordinator, participants will engage in hands-on workshops, leadership development, and a multi-day expedition in nature. The program focuses on building both soft and hard skills, empowering participants to bring innovative, nature-based practices back to their local communities.

- Youth workers, educators, trainers,
- Actively involved in youth work,
- No prior outdoor education experience needed, but strong interest required.
- Motivated to apply new methods in their local context.
- Willing to share insights on youth realities from their regions.
- Mix of participants from Eastern Partnership and various European countries.

### Location & Travel Info

The training will take place in Bakuriani, a small town in southern Georgia, 170 km from Tbilisi.

🚌 Transport from Tbilisi to the venue (and back) will be arranged by the organizers for your comfort.

🛖 You may arrive up to 2 days before or leave up to 2 days after the project dates, but this must be agreed with the organizers.

🍴 Accommodation and food are only covered during official project dates. Extra days are at your own cost.

✈️ We highly recommend booking your tickets ASAP to stay within the reimbursement limit.

## Outdoor Readiness

Be prepared to hike up to 35+ km in changing weather conditions (sun, rain, wind, cold nights).



Tents are provided, but you're welcome to bring your own tent or hammock.



Limited internet access during the outdoor days. A local coordinator's phone number will be shared for emergencies.



Items not needed outdoors can be safely stored at the hotel (we return there).



Final hiking distance and plan will be agreed on by participants during the project.

During the training course your accommodation, food and all the other project related expenses are covered by Erasmus+ programme grant. Reimbursement of your travel costs will be done according to the rules and procedures of the programme for your travel costs from your home city to the venue and back. Reimbursement will only be done upon presenting all the original tickets, receipts/invoices and boarding passes. (including return tickets).

Travel reimbursement limits for participants for each partner country are given below:

Country	Number of Participants	Reimbursement Limit
Germany	4	580 EUR
Georgia	4	0 EUR
Armenia	4	285 EUR
Spain	4	1188 EUR
Romania	4	395 EUR
Croatia	4	395 EUR

# CHECK LIST

	What to Bring
	Hiking Backpack at least 60 Litres volume,
	Warm Sleeping back and sleeping mattress
	Warm clothes, fleece or wooden, as well as summer clothes,
	Wind and Rainproof jackets,
	HIKING SHOES (must be waterproof, proper shoes are very important)
	Sunglasses and sunscreen,
	Indoor clothes and shoes,
	Pocket/Headlight,
	Cap or headscarf,
	Lots of socks,
	Toiletries,
	Box of private medicine, If there is a need of specific medication.

## CONTACT US:

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